WHAT IS CLAIMED IS:

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1. An airflow adjusting device of an air cushion shoe comprising:

an air cushion body having a buffer portion, an air inlet connected to the buffer portion and an air outlet connected to the buffer portion; . wherein when the buffer portion is impacted, the buffer portion will be compressed and thus induce an elastic force to have a buffer effect; when the buffer portion is compressed, air in the buffer portion will be drained out from the air outlet; when the compressing force disappears, the buffer portion will restore and air is sucked from the air inlet; and

an adjusting device including an adjusting seat and an adjusting button on the adjusting seat; and a stopper being formed on the adjusting button for changing air flow rate of the air flowing out of the air outlet so as to change the elasticity of the buffer portion as the adjusting button is actuated.

- 2. The airflow adjusting device of an air cushion shoe as claimed in claim 1, wherein an exhausting channel penetrates through two sides of the adjusting seat; a middle section of the exhausting channel is formed with an air slot having a smaller diameter than that of the exhausting channel; a guide tube serves to connected the air outlet of the air cushion body with the exhausting channel of the adjusting device; an upper center of the adjusting seat is formed with a screw hole; a tapered space is formed in the adjusting seat and below the screw hole; the tapered space overlaps with one section of the air slot.
- 3. The airflow adjusting device of an air cushion shoe as claimed in claim 1, wherein a lateral side of the sole is formed with a transparent

window portion so that the compression of the buffer portion is visible externally.